

October 3, 2016
through
December 10, 2016



Introducing middle school
boys and girls to distance
running for fitness,
competition and fun!

Dear Parent:

The LA84 Foundation, in cooperation with the Los Angeles Unified School District and the departments of physical education in Garvey, Glendale, Long Beach, Montebello, Mountain View, and other school districts have established the **RUN4FUN** program.

The LA84 Foundation is the legacy of the 1984 Olympic Games hosted in Los Angeles and offers grants for youth sports programs.

RUN 4 FUN began in 1987 with the purpose of teaching boys and girls from 6th to 8th grades the techniques of distance running to improve their fitness, to compete and to have fun. This year, the program will begin on October 3, 2016. The boys and girls will train twice a week for ten consecutive weeks. Practice sessions will emphasize this philosophy through **TEACHING, LEARNING AND COMPETITION**. The culminating event will be held on Saturday, December 10, 2016. Youngsters will be participating, along with students of other middle schools, in a 2-kilometer event. The competition will be exciting and fun for the whole family.

In order for your child to participate in the program, please complete and sign the registration form that accompanies this letter. Participation in the RUN 4 FUN program and athlete transportation to the festival are provided by the LA84 Foundation. Please return the form to your child. He/she needs to submit the completed form to the RUN4FUN coordinator at his/her school.

Thank you for your interest and cooperation. We hope to see your child at our event. If you have any questions, please contact Nolan Ortiz, program officer, at 323-730-4621.