

2016 LA84 Cross Country Coaches Clinic Presenters

Steve Boaz – San Luis Obispo HS

During his 29 years at SLO, the boys and girls teams have won 13 San Luis Obispo County Championships, 18 league titles, and made 23 appearances in the CIF-SS Finals and State Championships, highlighted by winning the 2003 State Championship. Coach Boaz has also mentored numerous distance runners who have continued their improvement and success at the collegiate and post-collegiate levels earning national championship and all-American honors. This recent track season, Callum Bolger, proved to be one of the top juniors in the country running 4:07 and 8:51.

Tim Butler – Dana Hills HS

Coach Butler has been a resident of San Juan Capistrano for 39 years with his high school sweetheart and wife of 43 years, Mimi. In his tenure at Dana Hills starting in 1973 coach Butler's cross country teams have qualified for the California SS postseason competition 36 consecutive years, compiling a varsity record of 200 -52. He won 23 South Coast Varsity League titles; 7 Orange County titles; 20 consecutive CIF-SS Division I Finals appearances; five CIF-SS Division I titles (five runner-up); four Division I State titles (five runner-up); and eight (out of 12 possible) invitations to the Nike Cross Nationals in Portland, Oregon (finishing 3rd place in 2015). In track distance he has produced 13 State Finalists; 10 sub 1:55; 6 sub 4:11; 13 sub 9:20; 3 sub 9:00 He was selected eight times as the Orange County Register-Coach of the Year, 2010 California State-Boys Coach of the Year, and Mt. Sac Hall of Fame member in 2012.

Dr. Lalo Diaz – Distance Loyola HS

Dr. Diaz has been coaching for three decades beginning at Cathedral High School in 1976. While at Cantwell High School from 1977-1982 he coached two sub 9:10 two milers. He moved to Loyola High School in 1987. Loyola has won an incredible six State Championships in past 12 years.

Marty Dugard – JSerra Catholic HS

Marty Dugard is the head cross country and track & field coach at JSerra Catholic High School, a position he has held for twelve years. In that time, his runners have won three State Championship team titles, and one individual State Championship.

Tim O'Rourke – LA84 Foundation Cross Country & Track Clinic Coordinator

In his 22 years at the helm of both the Arroyo High School track and cross country programs, O'Rourke's teams won one national championship, two state championships, six southern section titles and 52 varsity league championships. He was named the Gatorade National Coach of the Year in 1995, the California Track Coach of the Year in 1997, and he has been inducted into the California Cross Country Coaches, City of El Monte, Mt Sac Relays, and Footlocker Halls of Fame. tim.orourke@emuhsd.org

Ken Reeves – Foothill Technology HS

While head track and field coach at Nordhoff High School, coached 16 individual CIF champions and 3 Masters' Meet Champions. Dual meet record for on the varsity level was 222-14 over the course of his career. During his tenure as head cross country coach, the Nordhoff teams won 11 state team title--that is more state championships than any other coach in any other sport in California State history. The Rangers also won 14 CIF-SS titles. Ken has also been selected as the Ojai Valley educator of the year and is a two time national coach of the year. Ken is presently the head girls' and boys' cross country coach at Foothill Technology High School in Ventura. In their first two years, both the boys and girls have qualified for CIF finals. The boys have been to the state meet twice and the girls qualified last year. kenreeves@venturamail.net

Laura Schmitt – Redwood HS

Laura was a four-year varsity athlete and captain of the women's cross country and track teams at UC Berkeley and a member of the first Cal cross country team to qualify for the NCAA championships (1983). Under Schmitt's guidance the Redwood High School, her cross country and track teams have flourished. In just the last ten years, Schmitt has coached state champions on the boy's side in both cross country and track and Footlocker finalists for both the boys and girls. Throughout the last 10 years, Redwood Giants have gone on to compete for the UCLA, Cal, University of Washington, University of Texas, Arizona State, Ohio State and UConn teams; furthermore, two athletes have garnered three Olympic Trials Qualifications in 2012 and 2016.

Doug Soles – Great Oak HS

This year is Doug's 17th season as a head cross country & track coach in Southern California. The girls' team has won six CIF Southern Section Division 1 XC Titles (09, 10, 12, 13, 14, 15), as well as State Runner up in 2009, and Five Division 1 State Championships in 2010, 2012, 2013, 2014, and 2015. He has also had 2 girls teams podium (2, 3) at NXN. His boy's xc teams have won 5 league titles, 1 CIF SS Southern Section Title, and were the 2014 & 2015 Division 1 State Champions, as well as 2015 NXN National Champions. Doug was named the California Coaches Association Girls Cross Country Coach of the year for 2012, and the Girls CA Coach of the Year in 2014 & 2015 by the USATFCCCA. In 2015 he was also named Boys State and National Coach of the Year by the USATFCCCA. dsoles@tvusd.k12.ca.us

